

SYCAMORE ROOM

(3-4 year old room)

Weeks of 2nd February & 9th February 2026

Our RHYME of the fortnight is: When Goldilocks went to the house of the bears

When Goldilocks went to the house of the bears,
Oh what did her two eyes see?
A bowl that was big,
A bowl that was small,
A bowl that was tiny and that was all,
She counted them: one, two, three.

Repeat using a chair, a bed

When Goldilocks ran from the house of the
Oh what did her two eyes see?
A bear that was big,
A bear that was small,
A bear that was tiny and that was all,
They growled at her: grr, grr, grr!

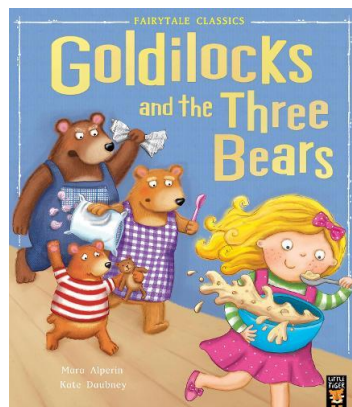


What to do at home together:

- Sing out the rhyme together using actions
- Should Goldilocks have gone in the bears house? Why?
- Watch the story below and sing the rhyme together again

<https://www.bbc.co.uk/teach/school-radio/articles/zbkrf4j>

Our BOOK of the fortnight is: Goldilocks and the three bears- various authors



The text supports repetition, emotions, and stranger danger. Why are the bears upset? Should Goldilocks have gone into someone else's house? It supports mathematical development of size and ordering, it supports the understanding of textures, hot and cold, and senses.

How to get the most out of reading to young children:

- Sit close together. You could encourage your child to hold the book themselves and turn the pages, too.
- Take a look at the pictures. You don't just have to read the words on the page. What might they tell us about the story before we read the words?
- Ask questions and talk about the book. What do they think will happen next? Why did a character act in a certain way? How are they feeling?
- Have fun! There's no right or wrong way to share a story – as long as you and your child are having fun. Don't be afraid to act out situations or use funny voices... your little ones will love it!

ELM ROOM

(2-3 year old room)

Weeks of 2nd February & 9th February 2026

Our RHYME of the fortnight is: Five little ducks

Five little ducks went swimming one day,
Over the hill and far away.
Mother duck said, "Quack, quack, quack, quack,"
But only four little ducks came back.

Four little ducks went swimming one day,
Over the hill and far away.
Mother duck said, "Quack, quack, quack, quack,"
But only three little ducks came back.

Three little ducks went swimming one day,
Over the hill and far away.
Mother duck said, "Quack, quack, quack, quack,"
But only two little ducks came back.

Two little ducks went swimming one day,
Over the hill and far away.
Mother duck said, "Quack, quack, quack, quack,"
But only one little duck came back.

One little duck went swimming one day,
Over the hill and far away.
Mother duck said, "Quack, quack, quack,"
But no little ducks came swimming back.

Sad mother duck went out one day
Over the hill and far away
The sad mother duck said "Quack, quack, quack,"
And all of the five little ducks came back.

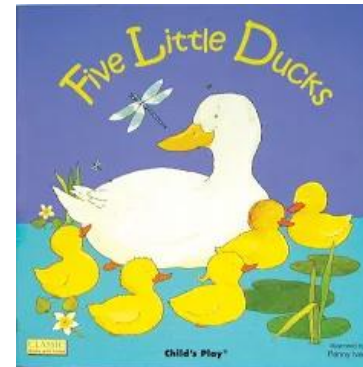
What to do at home together:

Watch the video and sing the rhyme together again after

<https://www.bbc.co.uk/cbeebies/watch/my-pet-and-me-five-little-ducks>



Our BOOK of the fortnight is: Five little Ducks- Penny Ives



This book features vibrant illustrations that will capture the attention of very young children. The story has a familiar pattern so that children will be able to predict what happens next. The story also helps children learn the names of numbers and introduces the principle of subtraction.

How to get the most out of reading to young children:

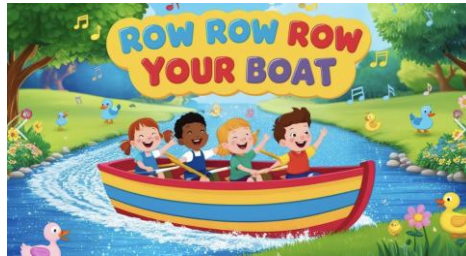
- Sit close together. You could encourage your child to hold the book themselves and turn the pages, too.
- Take a look at the pictures. You don't just have to read the words on the page. What might they tell us about the story before we read the words?
- Ask questions and talk about the book. What do they think will happen next? Why did a character act in a certain way? How are they feeling?
- Have fun! There's no right or wrong way to share a story – as long as you and your child are having fun. Don't be afraid to act out situations or use funny voices... your little ones will love it!

WILLOW ROOM

(Under 2's room)

Weeks of 2nd February & 9th February 2026

Our RHYME of the fortnight is:
Row, Row, Row your boat



Row, row, row your boat,
Gently down the stream.
Merrily, merrily, merrily, merrily,
Life is but a dream.

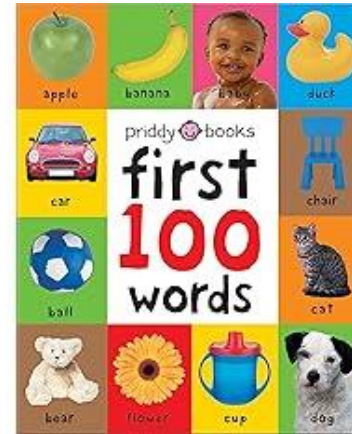
Row, row, row your boat,
Gently down the stream.
If you see a crocodile,
Don't forget to scream - Aghh!

What to do at home together:

Watch the video and sing the rhyme together again after

<https://www.bbc.co.uk/cbeebies/watch/the-baby-club-row-row-row-your-boat>

Our BOOK of the fortnight is:
First 100 words by Roger Priddy



Discovering our favourite things and introducing children to the wonders of words, in Roger Priddy's First 100 Words! This core book is being continued due to the children's interests and enjoyment.

How to get the most out of reading to young children:

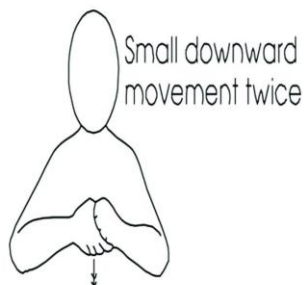
- Be expressive and show enjoyment
- Use facial expressions
- Emphasise key words
- Point to what you can see on the page

Our Makaton signs this fortnight are:



Help

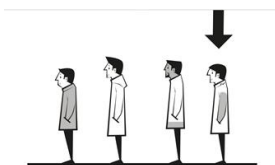
Bring towards chest to ask for help e.g. help me



Friend

(Always remember to say the word as you sign)

Our Concept Cat signs this fortnight are:



Last

(Week 1)



next to

(Week 2)

Our UNICEF Right of the fortnight is:



Article 24

Guarantees children the right to the best possible health, including access to quality healthcare, clean water, nutritious food, a healthy environment, and health education, with governments responsible for ensuring these needs are met and protecting children from dangers like pollution and malnutrition.



180 Katie says:

- Make physical activity part of the daily routine at home and in early year's settings.
- Enjoy being physically active, have fun and encourage children to join in.
- Children with active parents and carers are more likely to be active.
- Remember to make your hearts go Boom Boom Boom.

Lots more early years health information, activities and recipes can be found on the Startwell website:

<https://startwellbirmingham.co.uk/>